

# SHABBAT CHICKEN

## INGREDIENTS

Whole chicken  
3 chopped carrots  
4 large chopped potatoes  
2 large chopped onions  
1 garlic bulb, minced  
1-2 Tbsp turmeric  
1 Tbsp paprika  
6 Tbsp ketchup  
2 Tbsp worcestershire sauce  
2 Tbsp soy sauce  
1 cup water

## TO MAKE

Put chicken in a roasting pan. Place the chopped veggies around the chicken. Sprinkle the garlic, turmeric and paprika all over the chicken. Mix ketchup, worcestershire, soy and water and pour over the dish. Cover and cook 375 for 2.5-3 hours or until chicken is done.



## WHAT'S FOR DINNER:



## HOW TO PREPARE:



Thinking  
of you



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FOR HOW SORRY I AM.  
HOLDING YOU CLOSE  
IN MY THOUGHTS